## 100 CLUB FUGAHWEE HIKING GROUP RELEASE AND ASSUMPTION OF RISK

I understand that certain risks and dangers are inherent in the activities of the 100 Club Fugahwee Hiking Group. These risks and dangers include, but are not limited to, terrain, wilderness trail conditions, absence of trails, stream crossings, weather and other forces of nature, and injury or illness.

## I further understand that:

- 1. My participation in these activities is for the companionship and outdoor experience they offer.
- 2. The responsibilities of hike leaders and other agents of the Hiking Group are limited to coordinating activities and indicating the route and destination of the hike.
- 3. I assume full responsibility for my own actions and will use my own judgment to make decisions with regard to my physical capabilities to safely undertake any of the challenges which the activity may involve, and I will not undertake any activities that I judge might exceed the limits of my abilities.
- 4. If at any time I choose to proceed alone or go ahead of the designated hike leader, I do so entirely at my own risk and assume full responsibility for my actions, including finding my way back to the trailhead or other identified hike destination.

This agreement shall serve as a release and assumption of risk for myself and my heirs, administrators, executors, and for all members of my family, including any minors, who accompany me.

I hereby certify as a condition for participating in 100 Club Fugahwee Hiking Group activities, that I have read the foregoing in full, that I accept all of the terms and conditions herein, and that I will hold the 100 Club, its hike leaders and other agents harmless from, and will defend against, any and all liability actions, suits, claims and demands that may arise out of the Fugahwee Hiking Group activities.

PRINTED NAME	PHONE/EMAIL (OPTIONAL)
SIGNATURE	DATE