



MAY 2018 NEWSLETTER

MAY DINNER

Please join us at the Homestead Bar and Grill in River Valley Ranch Club-house, 303 River Valley Ranch Road, Carbondale, CO 81623, on Thursday, May 23, for the next 100 club dinner at 5:30 for cocktails and 6:00 for dinner. Your menu choices are: 1) Coffee rubbed grilled flat iron Steak served with fries and vegetables and Chimichurri sauce (gluten free); 2) Pan seared Vancouver Island Salmon with herbed Quinoa, grilled vegetables, and lemon butter; or 3) Vegetarian Option: grilled, stuffed sweet potato with black beans, roasted vegetables, quinoa, and Chimichurri sauce. All dinners include a house mixed green salad with carrot curls, cucumbers, heirloom tomatoes, and focaccia croutons (Gf without croutons) and ranch or balsamic dressings and dessert of Cherry/Raspberry cobbler a la mode. The price, sent by check made out to the 100 club, is \$28.00 per person inclusive. There is a 60 person limit and your check, sent to Donna Phelps, 0110 Beaver Lane, Carbondale CO 81623, is due by Thursday, May 16th. There are no exceptions and no refunds after this date. Be sure to include your entree choices with or on your check. For any questions, you can call Bruce or Donna at 963-9654. Be green and please remember to wear your name tag

ANYONE GOING ON THE GREEN RIVER TRIP SHOULD MAIL THEIR CHECK BEFORE LEAVING.

MAY HIKES

May 6 – **Boy Scout Trail** (Loop), 9:00 at TH. Moderate 6-mi loop begins at east end of 8th St in GWS and exits at Pioneer Cemetery, then loops back on Palmer Ave to TH. Optional extension: **Lookout Mtn Park** (+1 mi RT). Tailgate at Burgs' house (see trail map on website for directions).

May 13 – **Mount Garfield**, 7:30 at WM. Grand Junction classic climb: short, but steep, scramble to this prominent peak (not as hard as it

looks). Done as day hike (return home afterward) or enroute to Green River. Wild horses! Alternative hike: **Lost Spring Canyon**, UT, 7:00 at WM (see **Hikers' Blog** for details).

May 14-17 – **Green River Trip/San Rafael Swell** (see **Hikers' Blog**).

May 20 – Grand Hogback III, 9:00 at WM. Short hike near Rifle Gap to top of the hogback. Views!

May 27 – **Bellyache Ridge**, 8:00 at NN. At Eagle, near the Rec Center, network of biking/hiking trails offers a selection of loop hikes or out-and-back options. New destination!

May 29 – **Sundell Trail**, 7:30 at NN. An 11.5-mile through hike (car shuttle) south of Gypsum. Undulating terrain (3000' gain, 4000' loss). Alternative hike: **Yates Gulch**, 8:30 at NN. Shorter, less arduous option to the Sundell Trail, also south of Gypsum on Gypsum Creek Road.

MAY APRES-HIKE TAILGATES

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|-------|-----|--------------|-----|
| 5/6 | L-P | 5/13* | Q-Z |
| 5/14* | A-K | 5/15* | L-P |
| 5/16* | A-Z | 5/17* | A-Z |
| 5/20 | Q-Z | 5/27 | A-K |
| 5/29 | A-Z | *Green River | |

TENNIS ANYONE? – Interested in playing doubles tennis? Meet at Sayre Park tennis courts Fridays at 10:00 am. All skill levels welcome. Call John Burg at 947-9322 with questions or to be added to his email list.

REMINDER M.S. Walk 2019

Just a little information on the M.S. Walk, May 11th at Glenwood Springs High School. You can register online at walkMS.org/registertoday or call Suzie Reel at 970-263-4393. Suzie is the Western Slope Coordinator. Be sure to register with the 100 Club Walkers team!!! Hikers will get 5 miles credit. The program starts at 9:10 a.m. and the walk starts at 9:30 a.m.

If you haven't pre-registered you can register that morning starting at 7:00 a.m. If you can't take the walk but would like to make a donation,

please send a check to National M.S. Society via Jackie Durrett, 105 2nd St. Glenwood Springs, CO 81601 or donate online. Questions? Call Jackie 970-945-8170. Thanks for your support.

MEN'S BRIDGE – We meet on the 2nd and last Thursday in May (9th & 30th starting at 6:30pm (rotating hosts). Call Mark Kistner, 970-319-8296.

LADIES' BRIDGE – We will meet on the 4th Thursday, May 23rd. Call Barb Larime, 970-384-2835, if you would like to play.

SUMMER BIKING SCHEDULE

It's Really here.

First ride is slated for May 1st Glenwood Canyon Pot Luck at Done-lan's. RSVP with sides to Penny at pennydonelan@hotmail.com or call 945-5343. Park at the top of No Name exit at 9AM.

Next Ride May 8th We'll do the Village Smithy Loop from Rosebud Cemetery Lot in Glenwood. Meet at 10AM. If you wish an extra 10 miles (I don't keep score) you can do the loop out to the campground on the Crystal River trail.

Third ride May 22 – Colorado River Road. Meet at I-70 Dotsero exit trailhead lot at 10AM. Lunch at the Brew Pub.

If you didn't get the complete schedule in my March 14 email and wish to ride with us this summer contact Jon at lindjon@rof.net or 970-618-9841.

NEW MEMBER ROSTER AVAILABLE SOON

The following folks will appear in a complete roster which will be sent or posted under separate cover.

New Members:

Edward & Jo Anne Anderson
Randy & Ellen Dole
Peter Lewis

Reinstated:

Jim & Berne Mitton